



**IRM**  
Institute of Rural  
Management

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~Unlocking your true potential...



**REPRODUCTIVE  
HEALTH PROFILE**



[www.irm.edu.pk](http://www.irm.edu.pk)



IRM is the leading skill enhancement and capacity development training institute in not-for-profit sector in Asia. The programmes offered by IRM aim at reducing poverty and enhance human and organizational productivity. Health Training Programmes make a significant portion of IRM community training portfolio.

Our Health Section brings together multiple stakeholders whose goal is to identify and implement solutions to the health care crisis in remote rural communities.

Over the years our Health Section has become extensively involved in providing services to our rural communities with emphasis on primary health care focusing Reproductive Health, Hygiene & Sanitation and Birth Spacing for indigent and low income persons.



IRM's Reproductive Health Training render its services in the areas of:

- ◆ Improve access to quality family planning and reproductive health services for especially young women;
- ◆ Empower women and girls to increase their ability to make informed family planning and reproductive health decisions;
- ◆ Mobilization for social change critical to increase reproductive health awareness;
- ◆ Decrease unwanted fertility among young couples by improving access to family planning services;
- ◆ Social mobilization to discourage unsafe abortion.

## TBA TRAINING

Around **Thousand TBAs** have so far been trained under projects funded by **NRSP, PPAF, Packard** and **GAVI**. Depending upon the nature of project these TBAs also receive **Tool Kits**.



### Our Value addition enfolds following Features

- ◆ IRM utilizes updated Modules and Manuals prepared under expert guidance of gynecologists.
- ◆ IRM provides additional inputs to remove the impediments of rural communities by our much admired Life Skills Training.
- ◆ Each course is designed with a specific target audience in mind and is linked to a national or local public health priority area.

TBAs are trained by direct observation and hands on training at tertiary care hospitals where they practically observe procedures at operations theatres, labour rooms, Gynae/Obs wards and family planning units to update their knowledge and skill about modern practices. They are also being trained by the experts on Newborn Care, First Aid and Basic Life Support.



## OFFERED PROGRAMMES UNDER REPRODUCTIVE HEALTH

### TRAINING PROGRAMMES

Course	Duration
Family Planning Orientation	01 day
Lady Health Workers Training	60 days *
TBA (Traditional Birth Attendant) Training	30 days
<p><b>Maternity Attendant Training</b></p> <p>Trainee will be able to work in private &amp; public maternal and Child Health Care centers in rural areas and will assist Pediatricians and Gynecologists in their private clinics. These attendants can get jobs as LHWs and TBAs in provincial health programs where they could prove to be more skillful than conventional LHWs and TBAs.</p>	60 days*
<p><b>Mother and Child- health Care Training</b></p> <p>After attending the course, the trainee will be able to understand the safe maternity practices, improved standards of mother and child health care and nutrition that will pave way for their employability.</p>	60 days*
<p><b>*30 days class room training and 30 days apprenticeship with Gynecologists is compulsory for all reproductive health training</b></p>	
Health Committee Training (Subject Specific)	01 - 03 days
Community Health Worker Training Level – I to Level -III	30 days
<p><b>Refreshers</b></p>	
Traditional Birth Attendant	10 days
Family Planning Orientation	03 days

# Social Change & Reproductive Health

IRM specializes in building the capacities of public and private sector, to achieve their reproductive health targets specifically while interacting with rural communities. One example is the FALAH Project, which offered a variety of training programs to build the capacity of social mobilizers, Govt. Officials and executives for high-impact communications to achieve their social change goals.

## FALAH FACTS

5 Cities

19 Events

385 Participants

### Type of Staff Trained for Social Change

Community Mobilization Officers, Dist. Coordinator, Social Mobilizers of Ministry of Population Welfare and IPC staff of Greenstar Social Marketing.



Quality for all courses is ensured through certification from reputable medical institutes for all Health Training Programmes.



F.G. Polyclinic Post Graduate Medical Institute



National Institute of Health



Islamic International Medical Trust



STAY CONNECTED WITH US



IRM is an ISO Certified Organization

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